

## Cultural Diversity

FCDS programs work to meet the needs of the community. We have staff who speak various languages and who are familiar with the cultural needs of the community. We are sensitive to the traditions and cultures that a family may have and provide staff training to address the diversity of the families we serve. We also provide matching staff to families to ensure that the cultural and language needs are met.



# Foothill Child Development Services, Inc.

Foothill Child Development Services, Inc. provides behavior intervention services based on the techniques of applied behavior analysis to promote social, communication, and self help skills for children with various developmental disabilities.

## Applied Behavior Analysis

Applied Behavior Analysis is the systematic application of behavioral principles with the purpose of teaching socially significant, functional behaviors such as communication, and self help skills. The behavioral goals are developed with the help and involvement of the family.



The fundamental belief of ABA is to obtain knowledge of all environmental events that occur before and after a behavior and contribute to its future occurrence and maintenance. Behaviors are clearly and specifically identified, observed and measured continuously in order to gain better understanding of their purposes. Functionally equivalent replacement behaviors are taught through individualized plans. Data is collected continuously to make appropriate program changes and evaluate on an ongoing basis.

## Foothill Child

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## Our Mission

Foothill Child Development Services, Inc. (FCDS) provides positive behavioral support services to enhance the quality of life of individuals and their families. Our intervention strategies allow for attainment of life long learning skills needed to help maximize an individual's strengths and capabilities.

FCDS assesses the environmental resources available to assist an individual in achieving their highest potential and grow towards becoming independent, competent and confident individuals.



## Our Philosophy

FCDS strives to maintain a positive outlook and a holistic approach, while focusing on consumers' strengths and assessing all aspects of their lives. Our goal is to support each individual in his/her efforts to reach a greater quality of life and ensure that the program created is individualized to meet the specific needs of the child and the family.



## Program Goals

1. Empower our consumers and their families by providing them with the tools they need to achieve their goals through positive behavioral support services implemented by professionals trained in the field of applied behavior analysis.
2. Assure quality of services by obtaining measurable and observable data in order to enhance the treatment evaluation process.
3. Ensure that the techniques and principles of applied behavior analysis and treatment procedures meet the national code of ethics in the field of human behavioral sciences and do not infringe on the rights or dignity of the individual.
4. Provide empirically validated intervention strategies when developing a program for a child and their family.
5. Develop a highly structured teaching environment and goal oriented play-based program.
6. Conduct on-going evaluations to make data-based decisions on program modifications.
7. Reduce challenging behaviors and increase desirable and socially significant behaviors that will allow our clients develop functional communication, social and self help/adaptive skills, academic readiness, motivation and family support.
8. Support our clients in increasing independence and integration in the community.
9. Provide opportunities to strengthen parent child interaction and educate parents on ABA strategies.

## Service Descriptions

The behavior intervention programs used at FCDS address the parent/caregivers concerns collaboratively and place importance on parent training and involvement. Parent involvement is an essential part of our program application as parents will be able to implement behavior management strategies on a daily basis to support the child's progress.

The target behaviors are taught in the natural environment through the use of structured and play based teaching strategies. For example, functional communication, social, and self help skills are taught through the use of teaching programs such as Discrete Trial Training (DTT), Picture Exchange Communication System (PECS) and Pivotal Response Training (PRT).

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